



QPR stand for Question, Persuade and Refer – 3 simple action steps anyone can learn to help save a life.

Lives are saved by following and using the **CPR/Heimlich** maneuver, similarly people trained in **QPR** learn steps on how to recognize the warning signs of a suicide crisis and how to question, persuade and refer someone to help.

QPR can be learned in as little as an hour and anyone can attend: Community members, school administrators/staff, profit and nonprofit agencies, students (grades 6 and up), parents, clergy, family groups, tribal organization, tribal leadership, tribal/county/federal/state law enforcement, youth groups, small business coalitions.

QPR Presentations: Dates, Times & Locations

1st Wednesday of every month

Fort Peck Community College
Dumont Building
301 Benton Street
Wolf Point, Montana

5:30 pm to 7:00 pm (Classroom 120)

2nd Wednesday of every month

Fort Peck Community College
Greet the Dawn Building
605 Indian Ave
"Hwy 2 and Court Ave"
Poplar, Montana

5:30 pm to 7:00 pm (Greet the Dawn)

Please contact Fredrick Lee for more information at rcso.r40@gmail.com

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