



Job Title:	Wellness Center Coach	Position Type:	Full Time
Wage Range:	Depending on Qualifications	Date Closing:	Open Until Filled
Fax or E-mail resume to: (406) 768-6301 or KSears@fpcc.edu	Mail: Kylee Sears, HR Manager Fort Peck Community College P.O. Box 398 Poplar, Montana 59255	Submit the following for employment: <ol style="list-style-type: none"> 1. Letter of Interest 2. FPCC Application 3. Resume' 4. College Transcripts 5. 3 Letters of Reference 	
Job Description			
<p>Job Purpose:</p> <p>Under the supervision of the Fort Peck Community College Vice President of Community Services, the Wellness Coach/Personal Trainer will assist with motivating and educating our fitness members of the FPCC Wellness Center and the community at large through outreach educational opportunities. Duties:</p> <ul style="list-style-type: none"> • Monitor the fitness room as fitness members use the exercise equipment • Motivate and educate fitness members in leading healthy lifestyles • Greet and acknowledge all members • Offer information on proper use of exercise equipment • Establish a healthy promotional environment to impact adherence • Understand the prevention, detection, and treatment of musculoskeletal injuries, basic emergency procedures, and the legal professional responsibilities of wellness coaches. • Assist and help train Students, Community Service Volunteers and Summer Interns • Support in the retention of members • Design safe and effective 30 minute to 60 minute personal training programs for individual clients, adapting fitness program to each person's specific needs and abilities. • Teach members the proper and preferred use of all the strength training equipment. • Inform members of new information regarding strength training safety and effectiveness. • Provide individual supervision and reinforcement during members' training sessions. • Promotion personal training through personal example and member interaction. • Help maintain a neat, clean and pleasant environment on the wellness floor. • Stay current on fitness concepts and ideas. • Help draft behavioral change plans with wellness program clients. • Attend continuing education courses. • Be knowledgeable on how diet, nutrition, clothing, footwear and attitude impacts fitness. • Knowledgeable on local resources to assist in the education of members such as dieticians, nutritionists, etc.... 			



- Ability to organize and teach classes as necessary for members.
- Computer proficient on MS office programs and the ability to learn member tracking software.
- All other duties assigned by your supervisor.

Skills/Qualifications:

- Interpersonal communication skills required
- Ability to work with youth and adults from beginner to advanced levels of fitness experience.
- Must have the physical, visual and auditory ability to perform the essential functions of the job.
- Must be able to lift at least 45 pounds.

Educational Qualifications:

- Minimum 18 years of age
- CPR/First Aid Certified within 30 days of hire
- Experience in coaching/fitness instruction required.
- 2 years post-secondary education preferred.

This position is grant funded for one year with position ending on 9/30/19.